



Call for Research Papers

Conference for the Journal of Modern Psychotherapy, 17th September, 2022

Working with Trauma: using Psychotherapy to Recover

1. Introduction

Regents' University is one of the original members of the United Kingdom Council for Psychotherapy (U.K.C.P.). We have actively taught Psychotherapy and Counselling for over 35 years, nurturing both new talent and innovation in the field. We pride ourselves on the quality of practice, support, and excellence in the teaching of our students. We are situated in central London, surrounded by one of the most beautiful parks in the city. And even though our academic base is in the U.K., we are an international organisation, with members across the globe. We embrace diversity in everything we do.

The Journal for Modern Psychotherapy (JoMP) has been revamped, and as lockdown lifts, we are able to return to a face-to-face conference. This will also enable us to reconnect with our members in real time. Given the traumatic impact of covid, and the need for psychological therapists to work competently and professionally with issues such as trauma, we are offering a special themed conference on the topic of recovery from trauma. Psychotherapists, Counsellors, and Counselling Psychologists are in a prime position to support society's recovery from trauma effectively. This conference and journal issue will, therefore, support the process of reconnection, not only in offering opportunities to connect, but to learn, and to find out how we do research and training here at Regents' University.

2. The Call

The call is for research papers in the field of recovery from trauma. We are interested in how humans achieve recovery, and in understanding how trauma can impact us as human beings. We are interested to hear about how your approach either helps to understand or support recovery from trauma. You might be an Existentialist, a Counselling Psychologist, or a Humanistic Psychotherapist in private practice. You could be situated in any of the three SCoPED columns. Your

professional title is less important than the key message that you have to impart from your research, that can be shared with other practitioners in the psychotherapeutic field. We are also interested in hearing from non-practitioners, as long as the research is of benefit to practitioners.

The research focus should be on, but not limited to:

- The impact of trauma.
- The impact of the pandemic on individuals, groups, and/or organisations.
- How we as human beings recover from trauma.
- Methods of intervention that support recovery.
- Impact on those from diverse communities.

Deadline: 12:00hrs 15th June, 2022

3. Paper Requirements

Your paper should be suitable for oral presentation to a live audience in fifty minutes. We suggest 5,000 words maximum (not including references). You can present the paper individually, or as part of a research group, but you do need to be available to present in person on the day of the conference. Your paper will be published in the Autumn issue of the JoMP. The paper should include the following:

- i) Objective: a brief statement of the specific objectives of your study.
- ii) Methodology and Data: describe how you went about your study and the methods used.
- iii) Ethics: what were the ethical dilemmas, and how did you navigate them?
- iv) Findings: tell us what you found out.
- v) Recommendations: these will be based on your key findings and implications of the study.

Please include your current C.V., which showcases your training, experience, and any publications. If there are multiple authors, please include for everyone, and indicate the key researcher. Papers must be double spaced, in Arial, size 12 font.

Write in plain English, avoiding jargon, so that the paper is accessible to as many people as possible. Whilst some of us may love hearing about nosological interpretations of phenomenology, you are not dumbing down by writing clearly and accurately.

4. Methodologies

This conference is open to both new and experienced researchers, and you can publish independently if preferred. Our request is that you have taken all ethical precautions, and your work is conducted professionally and in line with the ethical requirements of your country.

We are mindful, particularly for psychotherapists, who often work independently, that research can be intimidating. We also appreciate that it is the knowledge and experience you have that are invaluable to others. Students and Trainees may feel under-skilled, but we strongly encourage your contributions.

If you have any questions, please do not hesitate to contact the editor, who will be happy to hear from you.

5. Peer Review

Papers will be anonymously reviewed by our international panel and feedback will be provided by the end of summer.

We hope you will consider sending us your work. This is truly a great opportunity to connect with other experts in the field. We look forward to meeting with you in September.

Warmly,

Dr. Andrew Smith