

## Final checklist for Karnac journal articles

### General style and layout

- Spelling and punctuation: **UK English**
- “s” spellings: organis~~a~~tion, realis~~e~~ [exception: mentaliz~~i~~ation]
- Use of serial (Oxford) comma: “A great, wise, and beneficent measure.”
- Quotation marks: double “ ” (single ‘ ’ within quotes)
- Spell out numbers in full up to one hundred [one to one hundred]; 101 onwards as numbers
- Use maximum number spans (**135–136**; NOT 135–36 or 135–6)
- Headings: lower case except for first word and proper nouns
- Main text double spaced with hard returns to separate paragraphs and figures only (i.e. hard returns not to be used within paragraphs)
- Figures to be supplied as separate high resolution PDFs, EPS, TIFFs or JPEGs in black and white (no shading). They can be embedded in the Word doc for positioning information only. Figures must be cited in the text as (Figure 1), (Figure 2), etc.

### References

**Important: ALL references cited in the text must be included in the reference section; and ALL entries in the reference section must be cited in the text.**

General style: **APA**. See below for examples.

- **In-text citations**  
Hewison (2014) states | Many scholars (Bateman & Fonagy, 2004; Bion, 1970; Freud, 1931b, 1933a, 1937c; Frey-Wehrlin et al, 1978) have noted [put in alphabetical order if cite more than one author | where there are 3 or more authors use et al. after the first author name]
- **References: book**  
Shoshani, M. & Shoshani, B. (2020). *Timeless Grandiosity and Eroticized Contempt: Technical Challenges Posed by Cases of Narcissism and Perversion*. Bicester, UK: Phoenix.  
Samuels, A. (Ed.) (1989). *Psychopathology: Contemporary Jungian Perspectives*. London: Karnac.
- **References: chapter within a book**  
Frey-Wehrlin, C. T., Bosnak, R., Langedger, F., & Robinson, C. (1978). The treatment of chronic psychoses. In: A. Samuels (Ed.), *Psychopathology: Contemporary Jungian Perspectives* (pp. 205–212). London: Karnac, 1989.
- **References: journal article**  
Bernstein, I., & Glenn, J. (1988). The child and adolescent analyst’s reaction to his patients and their parents. *International Review of Psycho-Analysis*, 15(1): 225–241.
- **Sigmund Freud references**  
Citations must follow the **Standard Edition Freud Bibliography**, in terms of both date and identifying letter (e.g. “The Unconscious” is always listed as 1915e, even if no other 1915 work is cited in the book).

### Compulsory elements for submission

Before you send the final version of your article, you must ensure the following are included:

- Article title and full author name(s)
- Abstract (no more than 200 words)
- Keywords (maximum of five)
- References
- Author biography (maximum length of 100 words)
- Author contact details – email and postal address

*Thank you!*