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The New Other

Alien Intelligence and the Innovation Drive

Author: Amy Levy

A clinical exploration of artificial intelligence (AI) that Amy Levy renames “alien intelligence”, a phrase coined by Yuval Noah Harari to demonstrate that this creation is a not an artifact, but a new being. Levy contends with this new “other” threatening to supplant human mentation and offers an analysis of our uniquely human drive to innovate.

‘Levy convincingly shows how smartphones act as “cult groomers,” reshaping attachment and attention, and LLMs display theory-of-mind-like behavior, captured in frank analytic transcripts and the GPT-4 TaskRabbit episode.’

Luca M. Possati, PhD, author of *The Algorithmic Unconscious*, assistant professor at the University of Twente



Publication Date: 8 January 2026

Page Extent: 254

Paperback RRP: £28.99

eBook RRP: £21.99

ISBN: 9781800134119

Echoes of Childhood

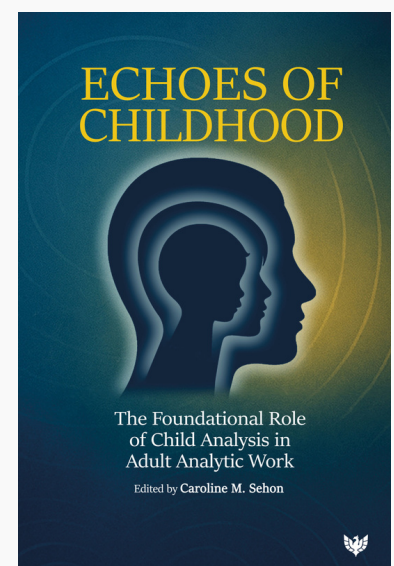
The Foundational Role of Child Analysis in Adult Analytic Work

Editor: Caroline M. Sehon

This book reveals how the wisdom of child analysis revitalizes work with adults. It gathers an international group of distinguished psychoanalysts who demonstrate the relevance of developmental perspectives for clinical practice by illustrating the enduring influence of early life on personality, relationships, and therapeutic change.

‘This theoretically and clinically rich book is of enormous importance for a vital topic in psychoanalysis, relevant for the present and future of psychoanalysis and psychoanalytic therapy’

Dr. med. Heribert Blass, President, International Psychoanalytical Association



Publication Date: 15 January 2026

Page Extent: 284

Paperback RRP: £32.99

eBook RRP: £23.99

ISBN: 9781800134416



Attics and Basements

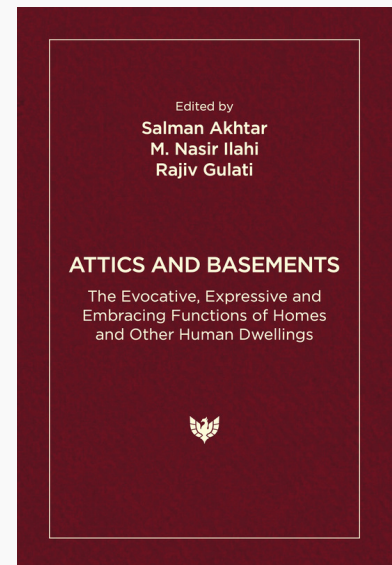
The Evocative, Expressive and Embracing
Functions of Homes and
Other Human Dwellings

Editors: Salman Akhtar, M. Nasir Ilahi, Rajiv Gulati

Attics and Basements investigates all manner of homes. Its approach is fundamentally psychoanalytic but borrows significantly from anthropology, history, architecture, religion, and general psychiatry. This rich mixture results in a deep understanding of the intertwined relationship between one's internal world and external reality.

'This is a gem of a book, a pleasure both to read and digest.'

Dr. Julian Stern, Consultant Psychiatrist and Psychoanalyst,
London, UK, Former Director, Adult and Forensic Services,
Tavistock and Portman NHS Foundation Trust



Publication Date: 22 January 2026

Page Extent: 208

Paperback RRP: £27.99

eBook RRP: £20.99

ISBN: 9781800134201

Can We Play Now?

The Meaning of Play Throughout Lifetime
Development

Author: Nadja Julia Rolli

This book is a roadmap to understanding why children, young people, and adults play the way they play and why it really matters. Scant literature exists about the meaning of play and less still on its importance beyond early childhood. Nadja Julia Rolli shows that play is a powerful form of self-disclosure and a core aspect of emotional well-being.

'This comprehensively researched book will interest scholars, students, and parents alike. With a fresh look at Maslow's hierarchy of needs, Rolli links the importance of safe play with current thinking on attachment.'

Jon Blend, MA, Director, Gazebo Training School for
Child and Adolescent Arts-based Psychotherapy



Publication Date: 5 February 2026

Page Extent: 246

Paperback RRP: £28.99

eBook RRP: £21.99

ISBN: 9781800134232



Body as Shadow

Jung's Method of Embodied Healing

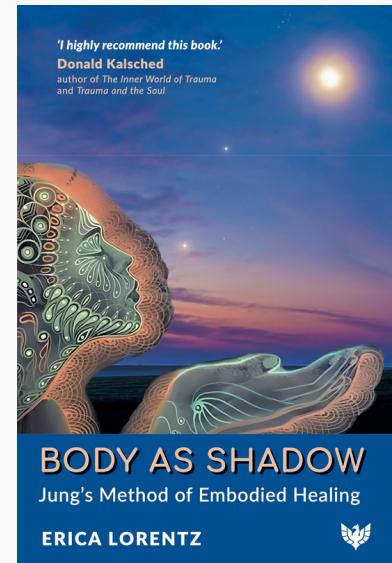
Author: Erica Lorentz

Body as Shadow brings forth in depth the missing piece in Jungian literature concerning Jung's personal and professional relationship to the embodied soul and the central role it plays in his theory and also in clinical work.

A plethora of helpful vignettes detailing clients' and colleagues' experiences brings its importance vividly to life.

In her compelling new book, Erica Lorentz has provided us with both a practical and theoretically grounded approach to working with what she calls "embodied active imagination. I highly recommend this book"

Donald Kalsched, author of *The Inner World of Trauma and Trauma and the Soul*



Publication Date: 12 February 2026

Page Extent: 224

Paperback RRP: £27.99

eBook RRP: £20.99

ISBN: 9781800134065

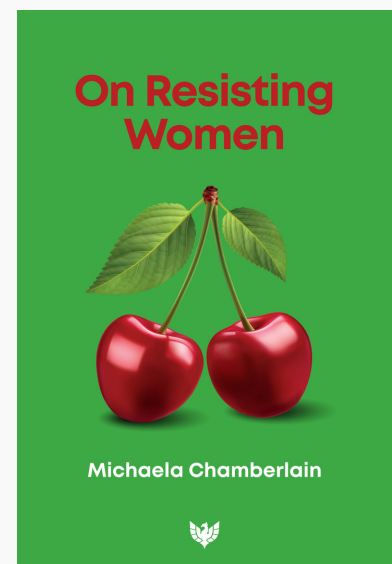
On Resisting Women

Author: Michaela Chamberlain

Through a psychoanalytic lens, Michaela Chamberlain examines how individuals become misogynists. She shows how unrecognised misogyny infiltrates everyday life, in both public and private, shaping how we think, feel, and speak. She also shows what this infiltration costs us and how prevalent it is, even in progressive fields such as psychoanalysis.

'Once again, Michaela Chamberlain has written a lucid, intriguing, and far-reaching book on what psychoanalysis can do to and for women. The combination of scholarly research, wit, and clinical insight is a tonic in the often desultory and earnest world of psychoanalytic writing.'

Adam Phillips, psychoanalyst and writer



Publication Date: 19 February 2026

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Eyes, Mind and Vision

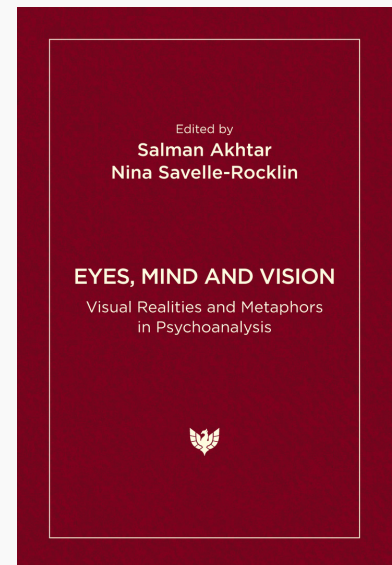
Visual Realities and Metaphors in Psychoanalysis

Editors: Salman Akhtar, Nina Savelle-Rocklin

A vital investigation into the importance of eyes and vision in psychoanalytic theory, which includes conceptual innovations, linguistic nuances, illustrations from fairy tales and folklore, film criticism, global concerns, sexual perversion, and clinical vignettes to bring theory to life. A must-read for psychoanalysts and ocular professionals.

'A distinguished group of contributors who provide multidimensional – literal, metaphorical, scientific, and artistic – perspectives on vision that will be truly mind expanding for all psychotherapists and psychoanalysts.'

**Charles P. Fisher, MD, Associate Director, Science Department,
American Psychoanalytic Association**



Publication Date: 26 February 2026

Page Extent: 318

Paperback RRP: £34.99

eBook RRP: £25.99

ISBN: 9781800134157

Will the Future Like You?

Reflections on the Age of Hyper-reinvention

Author: Patricia Martin

Will The Future Like You? Reflections on the Age of Hyper-reinvention looks at the impact of digital life on the human psyche, especially personal identity. Filled with fascinating findings, based on ten years of research, the book contains captivating, important, and helpful ideas for all of us navigating this rapidly changing digital age.

'Courageous, urgent, and deeply necessary. Patricia Martin masterfully captures the defining crisis of our time'

**James Hollis, Jungian analyst, author of *Swamplands of the Soul*
and *Living with Borrowed Dust***



Publication Date: 5 March 2026

Page Extent: 154

Paperback RRP: £19.99

eBook RRP: £9.99

ISBN: 9781800133082



Child Focus in Family Systems

Communication Strategies and Analysis

Authors: Monica Hedenbro, Annette Lidén

The book highlights a shift in focus from traditional dyadic (mother–child) interactions to a more complex, systemic family perspective, which emphasises the triad (child and at least two coparenting adults). It discusses the significance of coordination between the adults and how the child influences family dynamics from an early age.

‘A scholarly, engaging, and fitting "denouement" to their decades-long journey taken alongside families. The lessons Hedenbro and Lidén have learned and the informed advice they provide will both be of great interest to families and professionals alike.’

James McHale, PhD, Professor of Psychology, Director, Family Study Center, University of South Florida



Publication Date: 19 March 2026

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Paperback RRP: £25.99

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ISBN: 9781800134485

Culinary Psychology

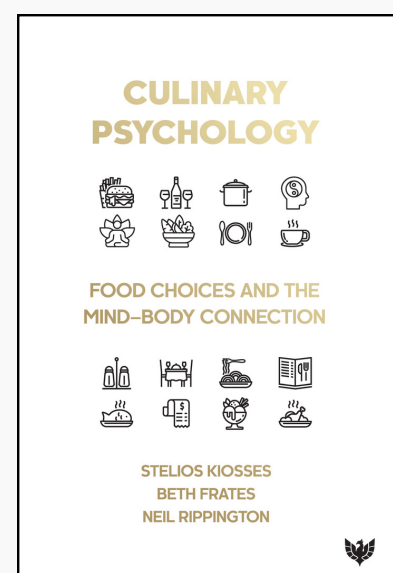
Food Choices and the Mind–Body Connection

Editors: Stelios Kiosses, Beth Frates, Neil Rippington

Culinary Psychology sheds light on the profound influence of nutrition and food on mental well-being. It examines the psychology of eating and cooking, with an emphasis on how our minds have an impact on our taste and appetite for food. It provides practical insights and strategies to optimise mental health through mindful eating.

‘A fascinating exploration that resonates deeply with my own journey into the art and science of eating. It’s an essential read for anyone seeking to unravel the deeper dimensions of food. I invite you to delve into its pages and discover how embracing mindful eating can transform your relationship with food, enriching both body and soul.’

Heston Blumenthal O.B.E. HonFRSC



Publication Date: 9 April 2026

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ISBN: 9781800132320



Dependency and Denial

The Stories That Divide Us

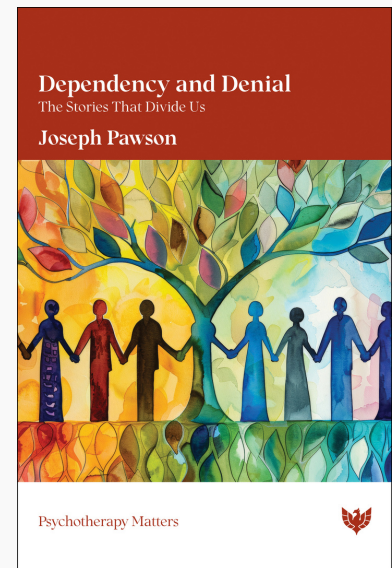
Author: Joseph Pawson

Our connection to one another is our lifeline to the world. Yet, it also makes us vulnerable. To manage this difficult paradox, we turn away from our need for each other and instead seek security in the fabricated stories of our denial.

This book helps us to face our fears and embrace the interdependency that lies at the heart of our existence.

'Joseph Pawson shows that fantasies of self-sufficiency lie at the heart of personal and political splits and polarisations. In a persuasive and accessible volume, he urges us to awake from the dreamy narratives in which we are immersed and confront the pain – again, private and public – that, when denied, fuels division.'

Professor Andrew Samuels, former chair, UKCP;
Author of *Reflecting Critically on the Political Psyche*



Publication Date: 16 April 2026

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ISBN: 9781800134515

Series: Psychotherapy Matters

Places of Safety

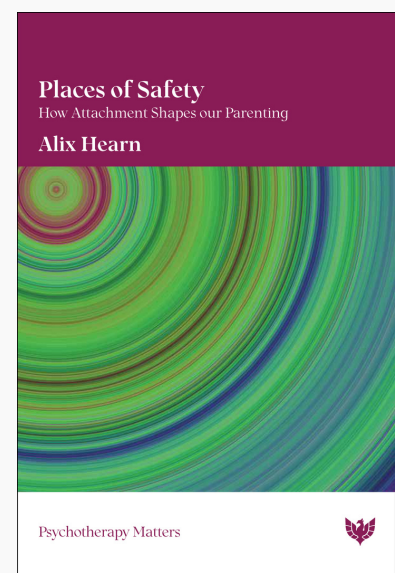
How Attachment Shapes Our Parenting

Author: Alix Hearn

An updated, contemporary, and integrative perspective on attachment and parenting. Alix Hearn investigates how our capacity to parent is impacted by transgenerational, systemic, and environmental influences. Engaging, supportive, and accessible, this is a fantastic resource for those working, and living, with children and young people.

'At last, what a relief to see a text on attachment theory which includes the ecological.'

Mary-Jayne Rust, ecopsychotherapist and author of *Towards an Ecopsychotherapy*



Publication Date: 23 April 2026

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ISBN: 9781800133563

Series: Psychotherapy Matters



Mystery, Hope and Reason

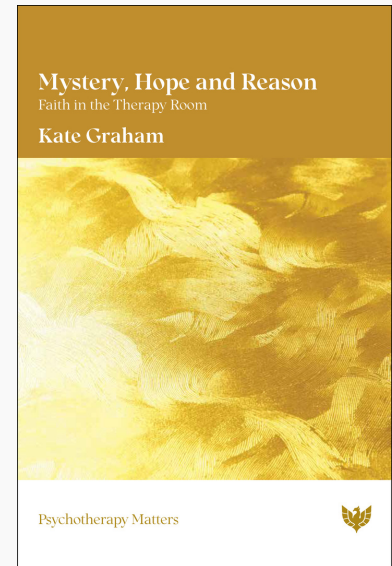
Faith in the Therapy Room

Author: Kate Graham

A practical, engaging, and honest look at an area of our lives that is often missed in therapy: the role of faith in psychotherapy for both therapist and client. Kate Graham embarks on a must-read exploration for therapists, trainees, and those interested in the mystery of the therapy room and how we talk about the issues that really matter.

'I welcome this book. It fills a space in psychotherapy that for too long has been relatively empty, namely the spiritual dimension of the work.'

Robin Shohet, editor of *Supervision as Spiritual Practice*



Publication Date: 30 April 2026

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Paperback RRP: £19.99

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ISBN: 9781800133174

Series: Psychotherapy Matters

Entanglements

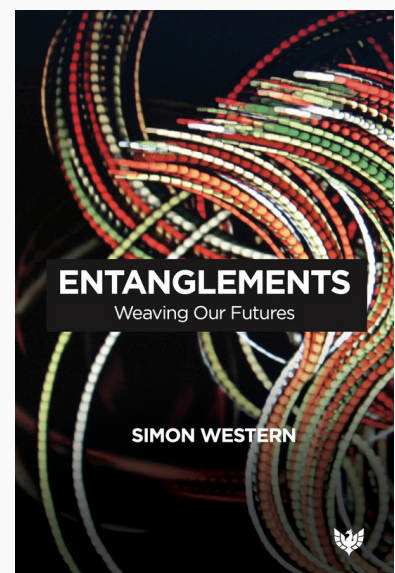
Weaving Our Futures

Author: Simon Western

Weaving the entangled threads of cultural upheavals and sociopolitical events with personal experience, *Entanglements* shines a light on soul, power, and unconscious desire. Simon Western offers illuminating insights into ways we might live well in a confusing world shaped by environmental, societal, and technological disruption.

'An insightful, deeply personal, and engaging book which skilfully weaves the psychoanalytic lens with critical leadership and organisational theory to bring an illuminating and fresh perspective to some of the most seminal events of our time.'

Steven D'Souza, CEO and Founder of Liminal Edge Consulting,



Publication Date: 7 May 2026

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Paperback RRP: £29.99

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Diary of a Fallen Psychoanalyst

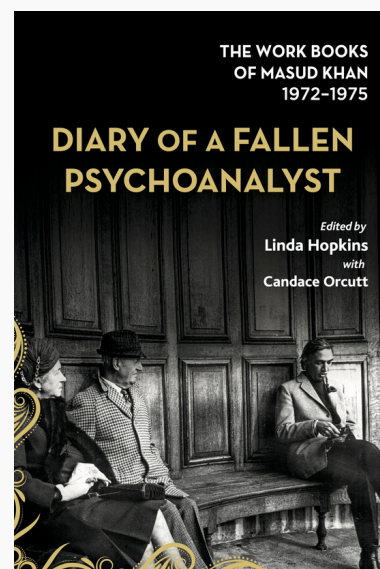
The Work Books of Masud Khan 1972–1975

Editors: Linda Hopkins, Candace Orcutt

A highly controversial and divisive character, Masud Khan's story is both fascinating and complex. The publication of his private Work Books, which record personal encounters and opinions, present the man in his own words. Whether they will lead to his redemption or reinforce his ostracism, only time will tell but they do confirm his brilliance.

'This volume deploys Masud Khan's own words as well as astute and well-placed editorial comments. The result is a must-read book of extraordinary poignancy and intrigue.'

**Salman Akhtar, MD, Training and Supervising Analyst,
Psychoanalytic Center of Philadelphia**



Publication Date: 21 May 2026

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Paperback RRP: £49.99

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ISBN: 9781800134355

Learning Beyond Reason

Psychodynamic Case Studies in Education

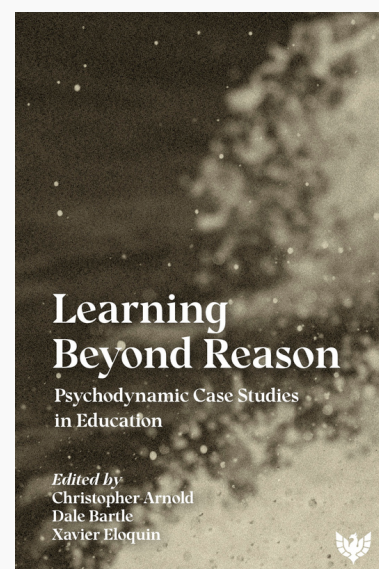
*Editors: Christopher Arnold, Dale Bartle,
Xavier Eloquin*

Five case studies explore varied challenges for young people and those working with them. Each one sets out the challenge, an analysis from a psychodynamic perspective, and the intervention. Crucially, the outcomes are included.

Each chapter focuses on the unique contributions of psychodynamically informed theories and techniques.

'This is a valuable and timely read for educational psychologists and educational leaders seeking psychologically informed approaches to complex presentations.'

**Dr Tracey Williams, principal educational psychologist,
Brighton and Hove, UK**



Publication Date: 28 May 2026

Page Extent: 236

Paperback RRP: £28.99

eBook RRP: £21.99

ISBN: 9781800134294



Leaders Emerging From Collective Trauma

Journeys of Transgenerational Healing

Editors: Lara A. Tcholakian, Erik van de Loo

Leaders Emerging From Collective Trauma: Journeys of Transgenerational Healing examines the impacts of current-day and ancestral collective traumas on leaders and executives to illuminate the human experience and dynamics related to leadership.

'Leaders Emerging From Collective Trauma comes at a critical time, when the world needs leaders who can enable their organisations to navigate the increasing levels of uncertainty and change, whether driven by geopolitical or technological landscapes.'

Loren I. Shuster, Chief People Officer, the LEGO Group

Group Dynamics in Therapy and Supervision

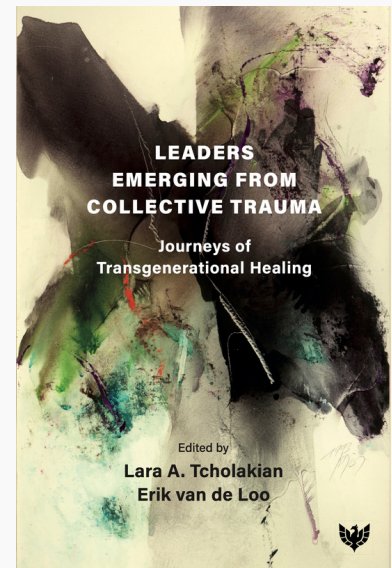
Reaching the Unconscious

Editors: Pertti Muurinen, Kaj J. Davidkin, Sinikka Vaara

This valuable book presents the theory and practice of group psychotherapy and shows what can be achieved with psychoanalytic group psychotherapy and group work supervision, and why it is such an effective form of psychotherapy. It is the ideal introduction to group work as well as an informative and helpful guide for practitioners of all levels.

'The book succeeds well in shedding light on the relational concepts and clinical practices of psychoanalytic group psychotherapy and its different applications.'

Olavi Lindfors, PhD, Adjunct Professor, psychoanalyst



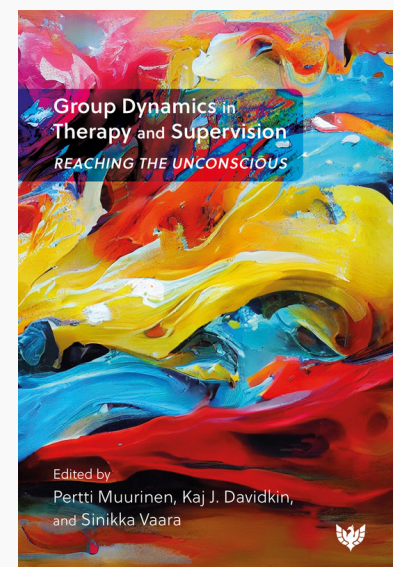
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Publication Date: 11 June 2026

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Navigating Racial Landscapes

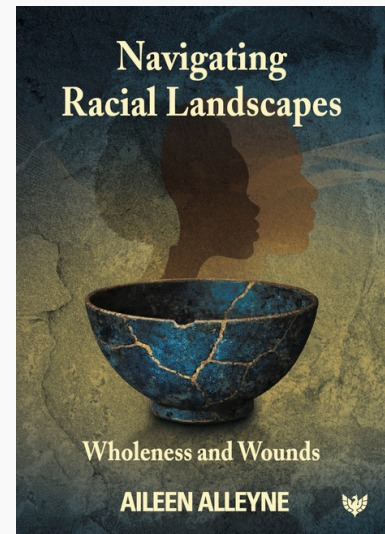
Wholeness and Wounds

Author: Aileen Alleyne

In *Navigating Racial Landscapes: Wholeness and Wounds*, the therapy room becomes a microcosm of the world's racial tensions, where the work involves both exploring the inner topography of the self and crossing the visible borders between us.

'A compelling and embodied exploration of racial experience, drawing on polyvagal theory to illuminate how our nervous systems shape connection, safety, and engagement.'

Stephen W. Porges, PhD, Distinguished University Scientist, Indiana University; originator of polyvagal theory



Publication Date: 25 June 2026

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Paperback RRP: £24.99

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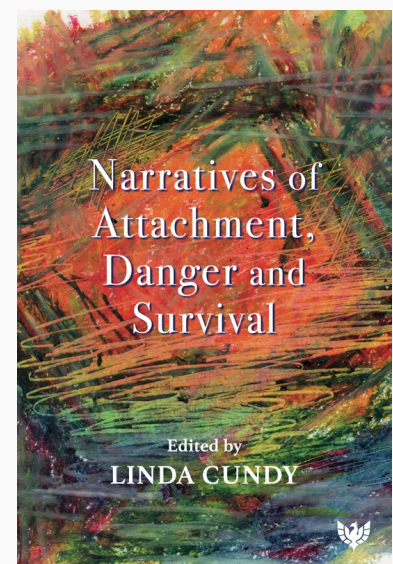
Narratives of Attachment, Danger and Survival

Editor: Linda Cundy

Why is it so difficult to leave toxic, hostile, or alienating relationships? Why stay when your physical or mental health is at risk? Attachment theory provides a strong basis for understanding the underlying reasons. This pivotal book sensitively explores a range of stultifying, abusive, and dangerous situations to highlight the dilemmas involved.

'Linda Cundy has created an original "storied community", a collection of multicultural narratives of trauma, suffering, and extraordinary psychic survival.'

Dr Zack Eleftheriadou, fellow, British Psychological Society and member, Tavistock Society of Psychotherapists and The Bowlby Centre, UK



Publication Date: 9 July 2026

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Axioms of Mind and Lived Experience

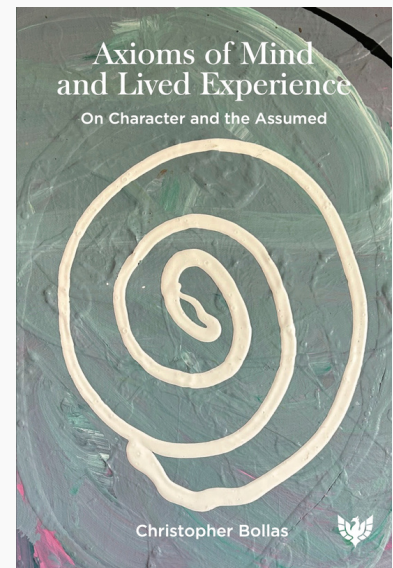
On Character and the Assumed

Author: Christopher Bollas

Christopher Bollas presents an elusive and puzzling form of unconscious life that has hitherto eluded psychoanalytic theory. “The assumed” identifies select unconscious processes that are a crucial part of our way of being and relating. This creative concept derives from Bollas’ conceptualizations of unconscious life through many decades of work.

More than a summation of the work of the most remarkable psychoanalytic writer of our time, the subtle clarity and incisive tact of this book shows us what it is and what it might be to be in quite new kinds of rapport with ourselves and others.

Adam Phillips, psychoanalyst and writer



Publication Date: 27 August 2026

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Truth in a Time of Disinformation

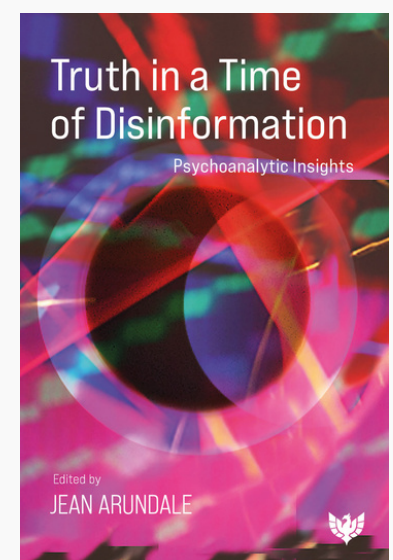
Psychoanalytic Insights

Editor: Jean Arundale

Truth in a Time of Disinformation examines how the pursuit of truth—inner and outer, personal and collective—can restore coherence and integrity to a fractured world, illuminating the psychoanalytic struggle to discern psychic and external reality amidst illusion, denial, and the seductions of falsehood.

‘This is an excellent and broad survey of a field not often deeply mined, but of increasing relevance in our geopolitical world with its mindless advance to self-destruction’

Prof. R. D. Hinshelwood, Fellow, British Psychoanalytical Society



Publication Date: 17 Sept 2026

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Paperback RRP: £34.99

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ISBN: 9781800134713



Embodied Psychoanalysis

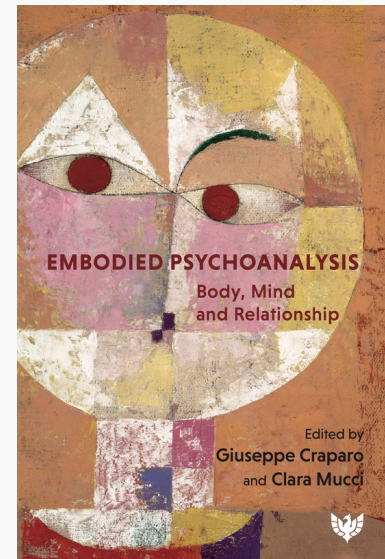
Body, Mind and Relationships

Editors: Giuseppe Craparo, Clara Mucci

A practical and reflective guide for analysts seeking to deepen their understanding of the interrelation between body, mind, and the intersubjective relationship. Weaving together theory and clinical insight, international scholars explore how the human mind is built from the earliest experiences of affective attunement and sensory contact.

'Offers a thoughtful, theoretically modern, body-oriented view not only of instincts, drives, and sensuality, but also of identity diffusion, countertransference, and role-responsive enactments in the clinical setting.'

Salman Akhtar, MD, DLFAPA, Emeritus Professor of Psychiatry, Jefferson Medical College



Publication Date: 3 Sept 2026

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Paperback RRP: £34.99

eBook RRP: £25.99

ISBN: 9781800131439

Six Degrees of Separation and Connectedness

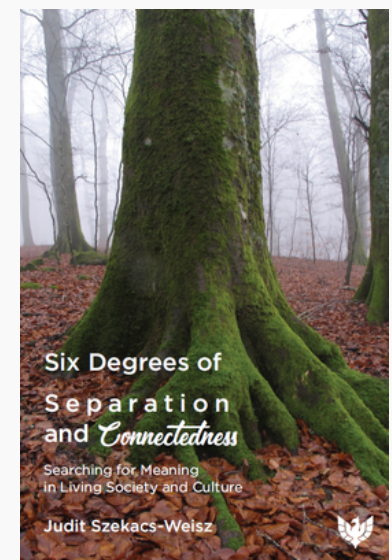
Searching for Meaning in Living Society and Culture

Author: Judit Szekacs-Weisz

Embedded in her personal narrative, this collection of papers from leading psychoanalyst Judit Szekacs-Weisz provides a sociohistorical chronicle of key events through many decades. She investigates strategies of survival, fairy tales, art, dreams, lessons from history, and external and psychic reality, offering a space for diverse cultures.

'This excellent, contemplative book opens hidden meanings about trauma, healing, identity, the importance of cultural influences and offers unique perspectives to the reader.'

**Giselle Galdi, Editor-in-Chief Emeritus,
American Journal of Psychoanalysis**



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Paperback RRP: £21.99

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ISBN: 9781800134614



Jungian Training and Being Trained

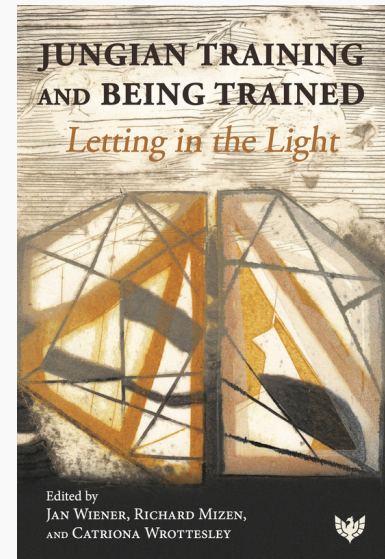
Letting in the Light

Editors: Jan Wiener, Richard Mizen, Catriona Wrottesley

A Jungian approach to training emphasises the importance of individuation. Yet, most analytic training takes place in institutions with hierarchical cultures. This edited volume investigates the unconscious forces within training institutions worldwide that can undermine the very values these institutions want to help their candidates to develop.

'Simply the best and most serious discussion of training, Jungian or otherwise, that comes to grips with the deepest issues and conflicts in the training process.'

Henry Abramovitch, Professor Emeritus, Tel Aviv University



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Paperback RRP: £33.99

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ISBN: 9781800134744

Anxiety

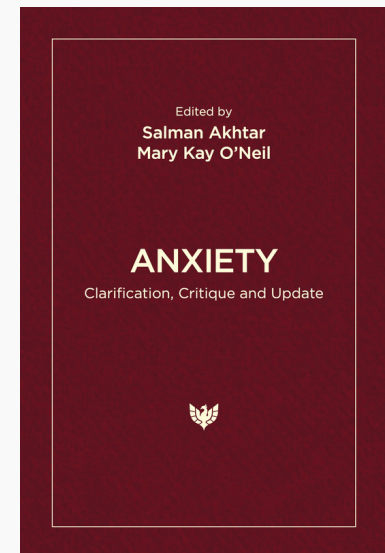
Clarification, Critique and Update

Editors: Salman Akhtar, Mary Kay O'Neil

A much-needed exploration of anxiety from a variety of outlooks: conceptual, developmental, cultural, and clinical – from both the patient and the analyst's viewpoint. Ten original papers from ten distinguished clinicians from around the world under the editorship of Salman Akhtar and Mary Kay O'Neil.

'It is a gift to the field, allowing us to find the latest thinking on this most important topic.'

Fred Busch, Training and Supervising Analyst,
Boston Psychoanalytic Institute



Publication Date: 22 Oct 2026

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Paperback RRP: £31.99

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ISBN: 9781800134850



Bluebird

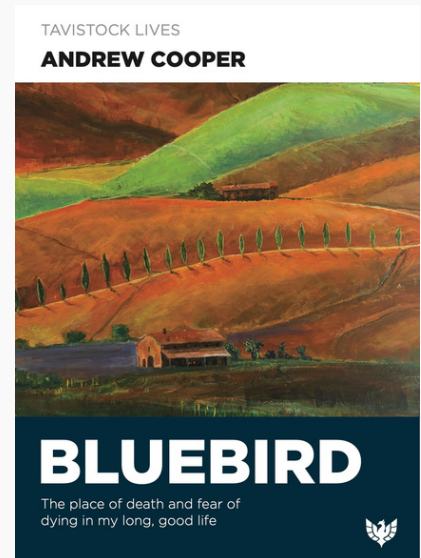
The Place of Death and Fear of Dying
in My Long, Good Life

Author: Andrew Cooper

Editor: Heather Price

This uplifting memoir is a meditation on mortality and the art of living. Exploring death, dying and the impact of life-threatening illness, it raises profound questions that provoke the reader to think about the omnipresence of death in life.

It also foregrounds the life-affirming potential of psychoanalytic psychotherapy.



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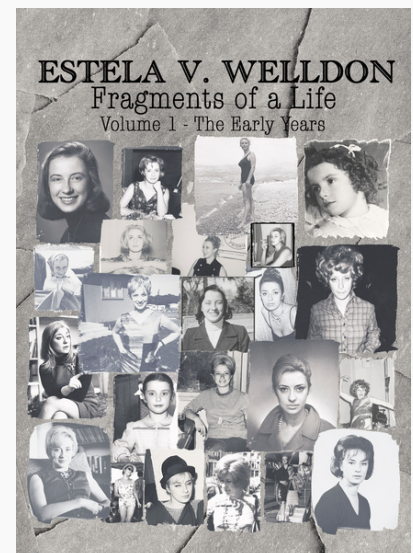
Series: Tavistock Lives

Fragments of a Life

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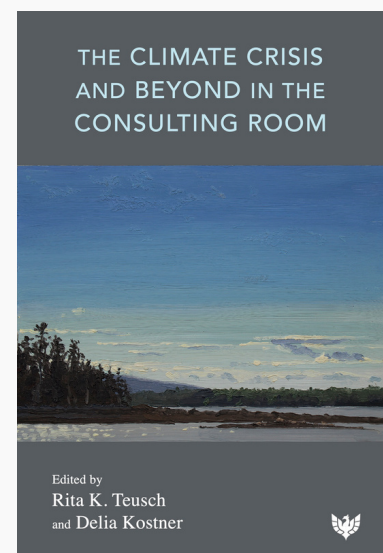
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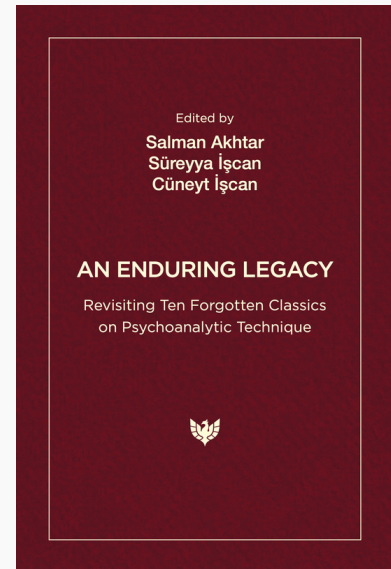
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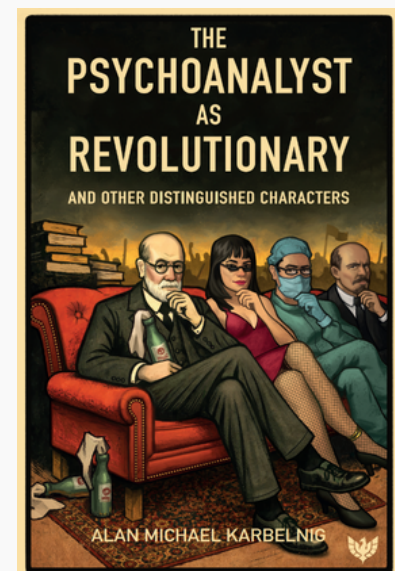
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